



On July 1-2 2024, Villa Verbinding & The Rotterdam Circle will host the conference:

# Systemic thinking and working in Mental Health services

two days with Masters of Change

We welcome you to our two practice-based conference days! The focus of these days is on how systemic thinking and working has contributed to the innovation of Dutch Mental Health.

On the first day, Maurizio Andolfi will inspire us with live consultations. Relying on his solid belief that the family is the best medicine, he will work with families under pressure and will look for resources within their community and culture. This way linking this conference with the inspiring conference in Assisi (July '23).

On the second day, we pay hommage to Nico Moleman (psychiatrist and family therapist). We accentuate the importance of the innovative, systems based practices that he introduced in Dutch Mental Health organizations. Floortje Scheepers and Maurizio Andolfi, among others, will contribute to this day.

<u>Fee:</u> 1 day: €195 both days:€360

Location: Day 1: Het Nieuwe Instituut, Museumpark 25, 3015 CB Rotterdam Day 2: De Metaal Kathedraal, Rijksstraat 20, 3545 NA Utrecht For details see under schedules

To register, click:

# **SUBSCRIBE**

We look forward to welcoming you on July 1<sup>st</sup> and 2<sup>nd</sup>!

Frank Asmus, Arti Kewal, Petra Kruijdenberg, Elien van Oostendorp, Marcos Rabello, Peter Simons, Marten Tel & Cor Vreugdenhil

Below you'll find the programs of the two conference days;

# Day 1: Master of Change: Maurizio Andolfi Monday July 1st 2024 - Nieuwe Instituut Rotterdam

For many years, The Rotterdam Circle has been organizing inspiring conferences featuring Maurizio Andolfi and guest speakers. Attributing to the success of these gatherings are the authenticity of the live consulations, as well as Andolfi's multigenerational vision for families under pressure. Andolfi has taught us that as humans we are always part of a family, of generations before us, of our community, culture and society. The 2023 Assisi conference emphasized this once more.

Touching examples were presented in Assisi of how interpersonal connection and support are vital in building and maintaining resilience, and how Mental Health Services can support and engage in enabling people to build a community and draw strength from their community. In the same spirit as Francis from Assisi did centuries ago. On day 1 we will focus on the manifesto that was written during the Assisi conference (see schedule).

In two live consultations, Maurizio Andolfi will implement this powerful movement by encouraging the family to carry and maybe solve their problems together, with the broader family and with the wider community.

Andolfi will also work with 'the person of the therapist'.

We will conclude the day with a special documentary on transcultural therapy. Arti Kewal, psychologist and family therapist, participates in this documentary. Kewal and Andolfi will reflect on the power of transcultural thinking in therapy.

#### Schedule (onder voorbehoud) July 1st 2024 - Nieuwe Instituut Rotterdam Chair: Cor Vreugdenhil Language: English

- 08.30 09.15 AM Registration, coffee and tea
- 09.15 09.30 AM Opening Cor Vreugdenhil
- 09.30 10.30 AM Keynote: Maurizio Andolfi on the 'Assisi Manifesto'

Click here LINK to go to the Manifesto

- 10.30 11.00 AM Break
- 11.00 12.30 AM Live consultation
- 12.30 AM 1.30 PM Lunch Break

1.30 - 2.00 PM	Debriefing live consultation
2.00 - 2.45 PM	Maurizio Andolfi and consultee, 'professional handicap' work
2.45 - 3:15 PM	Break
3.15 - 4.00 PM	Documentary Transcultural Therapy
4.00 - 4.30 PM	Exchange of expriences
4.45 PM	Closing and acknowledgments
	Drinks

#### Note:

If you are interested in presenting a family for consultation from Maurizio Andolfi or consult him on a 'professional handicap', please contact Cor Vreugdenhil by mail: <u>snor@xs4all.nl</u>

#### Practical Information

Location:

Het Nieuwe Instituut, Museumpark 25, 3015 CB Rotterdam

Parking:

- Next to The Nieuwe Instituut as well as in its vicinity, paid parking sites are available.
- The nearest parking is Museumparkgarage, only 50 meters from the entrance of the Nieuwe Instituut. The Museumparkgarage is opened 24/7.

Public Transport:

- Metro stop Eendrachtsplein;
- Tram 7 (stop Museumpark) of tram 4 (stop Eendrachtsplein);
- Bus 44 (stop Wytemaweg) of bus 32 (stop Breitnerstraat).

#### Day 2: Master of Change: Nico Moleman Tuesday July 2nd 2024 - De Metaal Kathedraal, Utrecht

On this conference day we focus on the considerable contribution Nico Moleman has made by standardizing in his Mental Health services a broad range of systemic interventions. A few of those systemic 'pillars' are:

- Consult your clients instead of consulting your team about them;
- Every new client is asked to take at least one loved-one to the first meeting;
- We are a mental health center you would refer your loved-ones to;
- The institute trusts the employees' professional standard and responsibility;
- No division between adult and youth mental health service.

We will focus on these and more pillars and will assemble in workshops to discuss how mental health workers can implement them in their own mental health center. Together with Maurizio Andolfi we will reflect on the importance of these standards and with Floortje Scheepers we'll look toward the future role of systems therapy in Dutch Mental Health

# Schedule July 2nd 2024: Metaal Kathedraal Utrecht

# Chair: Elien van Oostendorp Language: Dutch / English

09.00 AM	Registration
09.30 AM	Opening by chair
9.45 - 10.10 AM	Introduction of Nico Moleman's systemic 'pillars' by co- workers he has inspired over the years.
10:15 - 10.30 AM	Introduction live consultation Maurizio Andolfi
10.30 - 11.00 AM	Break
11.00 - 12.30 AM	Live consultation by Maurizio Andolfi
12.30 - 1.30 PM	Lunch Break
1.30 - 2.00 PM	Debriefing by Nico Moleman, Maurizio Andolfi en consultee.
2:00 - 3.45 PM	work shops: Participants have the choice between 'pillars'; each workshop is chaired by a specialist in the field, and focuses on ways to implement said pillar in their own Mental Health service. 2 workshops of 45 minutes.
3:45 - 4.00 PM	Break
4.00 - 4.30 PM	Plenary: Reflections by Nico Moleman and Floortje Scheepers
4.30 - 5.00 PM	Future developments by Floortje Scheepers
5.00 PM	Closing and acknowledgments
5.15 - 6 PM:	Drinks

# Note:

# If you are interested in presenting a family for consultation from Maurizio Andolfi, please contact Cor Vreugdenhil by mail: <u>snor@xs4all.nl</u>

# Practical Information

Location: Metaal Kathedraal, Rijksstraat 20, 3545 NA Utrecht

Parking:

- A few free parking lots at the opposite side of the water;
- Free parking at 10 minutes walking distance at Sportpark Rijnvliet 3a.
- For disabled participants only, there are parking lots available on the grounds of Metaal Kathedraal. Please request a lot via the registration form!

Public Transport:

- (OV)-fiets: Cycling will take 15 minuten from Utrecht Central Station;
- Bus 4 will take you close to Metaal Kathedraal. After 7 minutes alight at Burgemeester Verderlaan. You can see the Metaal Kathedraal at the end of the lane. Take the bridge along the canal